

Support System Strength (SSS)

List those with whom you currently Share, Listen, or Both. Then total each column for each category.

S	L	В		S	L	В		S	L	В
FAMILY			FRIENDS				SPIRITUAL/RELIGIOUS			
		1								
	4									
WORKPLACE			NEIGHBORS				НОВВУ			
WORKPLACE			NEIGHBORS				НОВВУ			
WORKPLACE							НОВВУ			
WORKPLACE			THEDA	D			НОВВУ			
WORKPLACE			THERA				НОВВУ			
WORKPLACE			THERA				HOBBY			
WORKPLACE			THERA				HOBBY			
WORKPLACE			THERA				HOBBY			
WORKPLACE			THERA				HOBBY			