



## Healthcare Professionals Challenged by Conflict

Must be Californians  
with a reliable computer/WIFI



## Depression/anxiety

Have mild to moderate  
depression and/or anxiety  
about conflict stress or trauma



## Willing to commit to:

- Initial assessment paperwork
- Preparation appointment
- 6 group EMDR Sessions  
(usually 90 minutes each)
- Follow-up assessments on  
the 6th session and 1 month  
after completion



## Research Study Needs 60 people - 7 or more hours FREE EMDR/Bowen Therapy

Starting:

6 Saturdays or Sundays in June and July, on Zoom  
(See Registration Form for exact dates)

Open to:

Healthcare professionals in California

INTERESTED?

FOR MORE INFORMATION CONTACT:

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